

Life Groups: Who is the Holy Spirit?

<https://www.youtube.com/watch?v=8-OZfBbuF7E> (video showed in our Sunday service)

1. What word best sums up your thoughts about the Holy Spirit? (ignored; misunderstood; resisted; confused; empowered; enlightened; or another word)
2. How would you describe the Holy Spirit? Do you find it easier to understand the roles of Father God and Jesus?
3. Jackie Pullinger said that we need soft hearts and hard feet, but so often we have it the opposite way around. That is, we have hard hearts and soft feet. Thoughts?
4. Did you find the illustration of a hard, crusty sponge helpful? Have there been times when you might have used that analogy to describe your Christian journey? What, if anything, has changed?
5. An excellent supplementary video to the one we showed on Sunday is found on <http://www.god.tv/alpha-international/video/the-alpha-course/who-is-the-holy-spirit>

You might find it helpful to show this video to your Life Group.