



## Spiritual Rhythms - Week Four: Serving

- Ice Breaker: Would you prefer to serve someone, or be served by someone? Why?

Read Matthew 20:17-28

- What do you think about the mothers request in verse 21? Is this a reasonable request?
- What about the other disciples response in verse 24? Can you relate to their feelings?
- Jesus uses the words 'servant' and 'slave' to describe his followers, how do you feel about these words?
- Rick Warren says "A Christian who is not a servant is a contradiction" Do you agree? Why/why not?
- Read John 13:1-5, 14-17 Why does Jesus choose to wash the disciples feet?
- Why is verse 3 so significant? (See Philippians 2:6-8 also)

The way in which we serve will depend on our SHAPE (Spiritual Gifts, Heart, Abilities, Personality and Experience).

- Read 1 Peter 4:10 What spiritual gifts or abilities do you have that you could use to serve others?
- Read 2 Corinthians 1:3 What hardships have you experienced which God has used to help you serve others?
- Do you ever feel like you have nothing to offer? Do the words of Ephesians 2:10 help? Why/why not?